

Welcome to New River Trail State Park, Virginia's longest linear state park. The park winds 57 miles through the counties of Carroll, Grayson, Pulaski and Wythe, the towns of Fries and Pulaski, and the City of Galax.

The park is a multi-use trail ideal for hiking, bicycling and horseback riding, as well as camping, canoeing and fishing. New River Trail is Virginia's Millenium Legacy Trail – recognized for connecting communities and providing links between people, land, history and culture.

As its name suggests, New River Trail parallels the scenic and historic New River for 39 miles, 12 miles of the trail follow Chestnut Creek, 1.5 miles fronts Claytor Lake and the remaining length traverses rolling pasture land.

To make your visit safer and more pleasant, we ask you to observe trail etiquette guidelines, as well as the follow regulations:



Horse trailer parking is available only at Cliffview, Draper, Fries, Foster Falls, Allisonia and Pulaski.



Motorized vehicles are not allowed on the park's trail areas (emergency and patrol vehicles only).



Pets are permitted in all state parks but must be kept in an enclosed area or on a leash no longer than six feet.



The public use or display of alcoholic beverages is prohibited.



Please help us keep the park clean by placing litter in the proper receptacles.



Please do not trespass on adjacent private land without permission from the landowner. Trespassers are subject to prosecution.

Trail Etiquette

New River Tail is a multi-use park designed for hiking, bicycling and horseback riding. With increasing visitation to the park, proper trail etiquette is of utmost importance. Proper trail etiquette includes:

- Riding right and passing left
- Using vocal signals when passing
- Maintaining a safe and courteous speed
- No racing

Frequent visitors save money

Annual passes for parking and swimming offer the frequent visitor greater savings. Stop by the park office for details.

Virginia State Parks Reservation Center

To receive more information on Virginia State Parks or to make a cabin or campsite reservation, call 1-800-933-PARK.

Join us in the parks – DCR's Volunteer Program

DCR offers diverse opportunities for volunteers in most state parks and natural areas throughout the state. Inquire at the park office for details.

For more information, contact:

New River Trail State Park
176 Orphanage Drive
Foster Falls, VA 24360
(276) 699-6778

newrivertrail@dcr.virginia.gov

You can also visit our home page at www.dcr.virginia.gov



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VIRGINIA

STATE PARKS

New River Trail State Park Guide

Foster Falls, Virginia

Virginia State Parks provide
A Natural Legacy
of outdoor activities and
programs. They are an important
part of DCR's efforts to promote
a strong conservation ethic.
These efforts ensure that the
best of Virginia's natural
resources will be protected and
available for future generations.

Approximate Trail Distances

This chart provides approximate distances for Pulaski to the designated mileposts along the trail.

	<u>Mile Posts</u>
Pulaski-Xaloy	2.0
Peak Creek Trestle	2.5
I-81 Overpass	3.6
McAdam Trestle	3.8
Draper	6.2
Sloan Creek Trestle	6.5
Bridge #1505	7.7
Bridge #1506 at Lake	8.0
Delton Bridge at Lake	9.0
Hiwassee River Bridge	10.2
Allisonia at State Route 693	12.6
Big Reed Trestle	13.2
Barren Springs/Route 100	17.6
Lone Ash, Route 622	19.0
Bertha	20.3
Foster Falls	24.0
Shot Tower	25.2
Austinville	28.8
Ivanhoe River Bridge	30.3
Ivanhoe Depot	31.6
Buck Dam	34.7
Byllesby Dam	37.3
Brush Creek	39.2
Fries Junction	39.8
State Route 721	43.3 (Fries branch)
Fries	45.3 (Fries branch)
Tunnel	40.3
Gambetta	42.3
Chestnut Yard	45.5
Chestnut Creek Falls	46.3
Cliffview	49.5
Sammy Brown Bridge	51.2
Galax Lot	51.7

